FOLIA TURISTICA

CONTENTS

Introduction to the Problem of Functional Valorisation of Environment (Stefan Żmuda) 3
Roman Kowalski: *Survey of the Methods for Evaluating the Natural Environment* 7
Marian Nowakowski, Ireneusz Kwiecień: *An Attempt to Systematic Evoluation of Environment for Tourism and Recreation*
Grażyna Kołomyjska: *Biopsychical Needs of the Human Being in Regard to the Natural Environment* 33
Adam Mroczka: *Bioclimatic Conditions of Restoring Good Health State* 47
Krystyna Krauz: *The Values of Vegetation Cover for Restoring Good Health State.* 61
Wacław Rettinger: *Usefulness of Hydrographic System for Tourism and Recreation* 75
Stefan Sacha: *The Role and Importance of Scenery for Tourism and Recreation* 89
Maciej Mazur: *Limitations of Touristic Values of the Environment* 99
Marek Łabaj: *Sequential Methodology of Programming Recreation Facilities* 107